

Pediatric Myringotomy with Placement of Pressure Equalization Tubes

Patient Postoperative Instructions and Information

Following the placement of the pressure equalization tubes your child may be irritable for the remainder of the day. If there is any discomfort usually over the counter Ibuprofen or Tylenol can be used. Your child may continue to pull at their ears. As long as no drainage is seen you should not worry about this.

There may be a small amount of blood in the ear canal. Following the surgery you will be given a bottle of antibiotic ear drops which will help wash this away. The drops are to be instilled three drops, three times daily for three to seven days as instructed after the surgery. We recommend keeping the ear drops in case drainage develops at a later date. Contact our office before restarting the drops at a later date.

Care should be taken to keep water out of the ears. Earplugs may be obtained from a pharmacy. Cotton balls with Vaseline may be substituted. Headbands (Ear-Bandits) may also be purchased to be used in conjunction with the earplugs for swimming.

After the surgery, patients are seen within two weeks and every six months until the tubes fall out and ears have healed.

If you have any problems or questions, please feel free to contact us at 410 554 4455. If you are unable to contact us, go to the emergency room.